Transferring the Icelandic model to Scotland

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• Overview of the ‘Icelandic model’

• The Scottish context

• Our project

• Transferability issues

• Next steps
The Icelandic Model

• Role of the parents within the community (curfews, parental prowl)

• Parental support, monitoring and time as a family

• Youth activities

• Policy changes
Source: Sigfússdóttir et al. (2008)
31 Countries
110 Active communities
Source: Planet Youth (2020)
13 YEAR OLDS

- 6% drank alcohol in the last week
- 4% used drugs in the last month
- 2% were regular smokers

15 YEAR OLDS

- 20% drank alcohol in the last week
- 12% used drugs in the last month
- 7% were regular smokers

Source: Scottish Government (2019)
The Youth in Iceland Model Group is a diverse group of individuals.

The group discusses the controversial curfew suggestion.

The group lays down some ground rules for heading forward.

Lunch break!
I realise I need to consider the language I am using after reading the ‘Language Matters’ document and feel inspired to make a comic about it.

The group reviews the SALSUS reports.

The group discusses filming.

The group considers a newspaper interview weighing the pros and cons.
But Reykjavik isn’t Dundee...
• Planet Youth (aka Icelandic model) has shown significant improvements in substance use behaviours among young people in Iceland

• There is appetite globally to implement Planet Youth approach, but limited evidence of the effectiveness

• Prevention of substance use is a key goal for Dundee and Planet Youth is one potential solution

• Transferability issues need to be addressed before implementing the programme in Scotland